

MGH-JFL 2009 Season **Start-up News, Information, and Tips**

WELCOME! to the 2009 MGH-JFL Season

Meet the MGH-JFL Board of Directors:

Jeff Bogdan	President	309-383-2181
Jarrold Love	OCI Director	309-367-9796
John Rebholz	Vice-President	309-258-2225
Staci Maricle	Secretary/Concessions	309-842-0108
Heather Rebholz	Treasurer	309-258-2224
Steve Ufheil	Coaches Director	309-253-0457
Larry Maricle	Flag Director	309-842-0108
Brad Wood	Capital Improvements	309-367-4582
Jake Johnston	Equipment Manager	309-842-0065
Paul Blough		309-383-2503
Pam Crow	Fundraising Chairman	309-367-9637
Doug Burk		309-383-4367

OR VISIT US ON THE WORLD WIDE WEB

www.mghjfl.com

Check out the website throughout the season to keep up with current events, schedules, and pictures.

About Us

Our Board is made up entirely of volunteers. MGH-JFL is a 501c3, not-for-profit organization, and per the by-laws, we hold annual elections for the Board of Directors.

We strongly encourage parents to attend the meetings, and run for Board seats this year. By attending meetings regularly, you obtain certain voting rights and can help shape the future of **YOUR** MGH-JFL.

Meetings are held during the season twice per month. Meetings will be held on the 3rd Sunday in August, the first and third Sundays of September and October. Meeting dates and times will be published on the website.

We Have a NEW Building!!

Through the work of Boards past and present, and the efforts of many volunteers from within and outside of our organization, the new building is nearly complete. There is still some work to be done, and of course any help would be greatly appreciated.

WE NEED YOU 📍

Are you a plumber or electrician? Do you know anyone who is?

**If you, or someone you know would be willing to help,
please contact Brad Wood at 309-367-4582.**

Practices

First Tackle Practice

When: Monday, August 3rd 6:00PM
Where: Black Partridge Park
How Long: Until around 7:30PM at the beginning of the season
BUT will shorten as it gets darker earlier

Please be there early to pick-up your child
the park is ~~VERY DARK~~ after dark

Practice Schedule – Conditioning

Monday through Thursday for the first two weeks of the season

“But what shall we wear?”

NO PADS REQUIRED YET

Helmets, T-shirts, Shorts, and Cleats – **Bring Water**

Practice Schedule – WITH PADS Starts Tuesday, August 18th

Tuesday, Wednesday and Thursday for the rest of the season

Bring Water → Bring Water → Bring Water → Bring Water

PICK-UP and DROP-OFF

SAFETY IS PRIORITY ONE

See attached map for drop-off and pick-up locations for each age level

● **Safety and Security**

- Children will be held at the practice location until the parents arrive

● **Safety and Security**

- NO SPEEDING - if your foot is on the gas you're probably going too fast
- NO SPEEDING - if you are late for practice speeding to the back of the park won't make any difference...
- NO SPEEDING - be mindful of small children, other patrons of the park, and the dust created from speeding cars

● **Safety and Security**

- Cross-Country Meets – Coaches will advise in advance – practice will start later
- **DO NOT** enter the park early on these nights as the runners cross the road as part of their course
- There are many people wandering as they follow the runners
- There are buses and additional vehicle traffic that must clear
- Early JFL presence on these nights creates a safety hazard, and inconvenience for the cross-country programs

We share the park with other programs, who also have agreements with the park district and permission to use certain areas of the park –Please be courteous to other groups, and if there are any issues, please locate an MGH-JFL Board Member for assistance

Equipment

LAUNDERING

See attached flyer for Laundry Procedures for game-day jerseys and pants

- turn jerseys inside out –
- do not use bleach or fabric softener –
- do not dry on high heat –

All equipment issued to the players is property of MGH-JFL, and is only to be used for MGH-JFL supervised/authorized activities. It is not be used for any other purpose including “backyard” football games for safety reasons.

“Yeah, we think they look cool too...”

Jerseys may be worn to school on Friday’s only preceding a game or game-day weekend...they may also be worn to the high school football games.

“GO BIRDS!”

LOOK LIKE A TEAM – PLAY LIKE A TEAM
BLACK SOCKS - - -BLACK UNDERSHIRTS
ONLY

No (non-white) chin straps will be permitted.

Any arm pads or gloves must be approved by the Coach and the OCI director.

For any equipment issues that may arise after practice with pads begins, please coordinate a time for replacement or refitting with your Coach and Jake Johnston.

DO NOT come up to the building during practice without having coordinated with your coach AND Jake.

The building will be locked and access limited during practices.

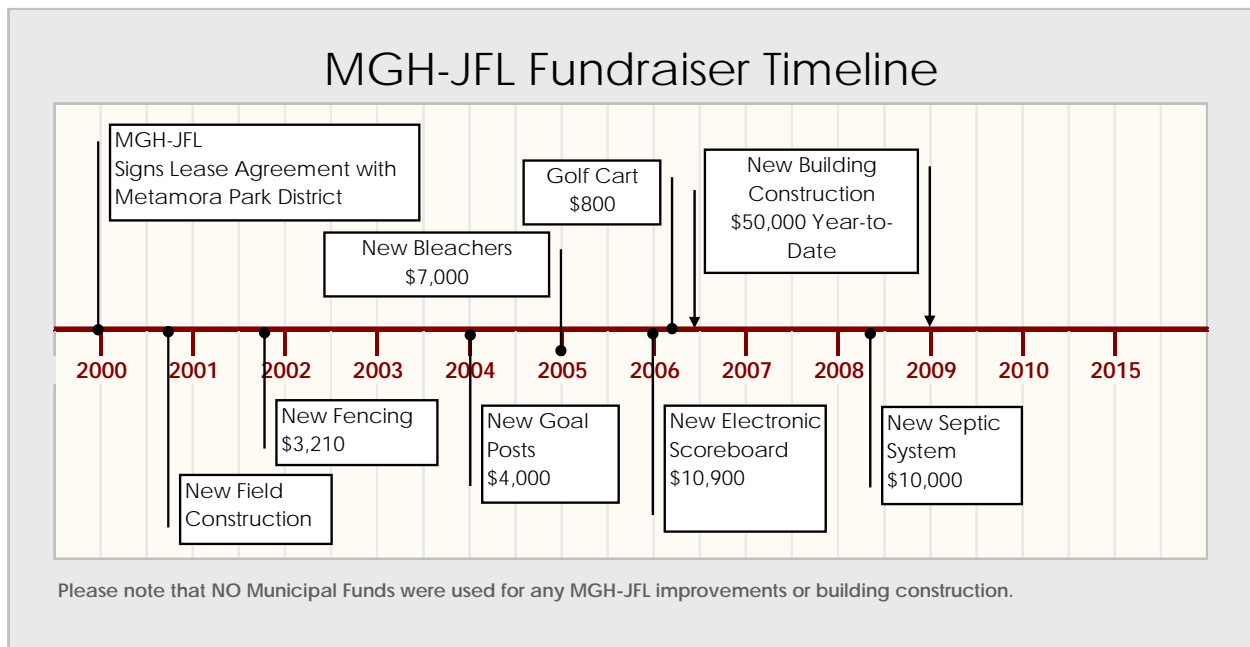
Fundraiser

Today you are receiving a packet with your annual JFL-OCI fundraiser. Please help your child with this fundraiser as it raises the funds specifically for new equipment each year.

For those of you with an older child...perhaps in their final year...

Please
"Pay It Forward"
for the younger players

In addition, for several years now, we have also included our McDonald's Fundraiser to specifically raise funds for our building and other capital improvements. Below is a timeline and overview of many of the additions and improvements paid for through the support and participation of MGH-JFL families (past and present).



THANK YOU ALL!

Concessions

- Each team will be assigned shifts for working the concession stand on game days
- Each team parent will help coordinate (with Staci Maricle) volunteer concession workers to fill all shifts
- If you cannot work at your assigned time, you are responsible for finding a replacement

Parent Meetings

In order maintain open communication and keep everyone informed of schedules, changes, or news, your coaching staff should be conducting parent meetings weekly. If your coach is not conducting regular parent meetings, please contact Coaches Director Steve Ufheil at 309-253-0457

We are looking forward to a safe and fun 2009 MGH-JFL season. Welcome, and please feel free to contact us with any questions or concerns.